

Fix It Safe

RECOMMENDED CLASSROOM CENTERS

LANGUAGE

Books about hygiene

Brush Brush Brush by Alicia Padron

Germs Are Not for Sharing by Elizabeht Verdick

CONSTRUCTION

Healthy Teeth: Use various fake teeth and toothbrushes to allow the children to practice their fine motor skills and teeth brushing.

WRITING

Learning My Letters: Have the children practice their alphabet by drawing the first letter of their favorite vegetables. Advanced or older children can spell the whole word.

SENSORY

Colorful Fruits & Vegetables: Mix water based paint or food coloring with shaving cream. Instruct children to draw their favorite fruit or vegetable with the “paint.”

MANIPULATIVES

Baking My Bread: Make your own sewing card from cardboard. Print out healthy items from the lessons and paste it on the cardboard. Make holes punch at the edges and use yarn to sew with.

OUTDOORS

If a garden is available, have the children water the garden (if needed) or pick out the weeds. Set aside some time to explain to the children how to tell apart a weed from one of your plants.

SCIENCE

Brushing Up: Soak boiled eggs in dark soda overnight. Instruct children to practice their brushing skills by brushing the soda off the egg with a toothbrush and toothpaste.

ART

My Favorite Foods: Have the children practice their cutting skills by cutting out pictures of their favorite foods from various magazines and creating a collage.

DRAMATIC PLAY

Washing Buddies: Have children create and play with puppets that help them with health and hygiene.