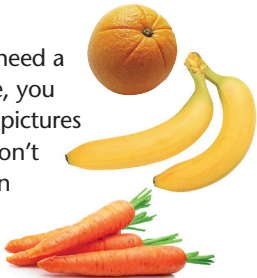


Grocery Store Relay

If you are caring for multiple children and need a fun activity, try this relay. To play this game, you will need plastic fruits and vegetables, and pictures or kitchen play cans of vegetables. If you don't have these items, you can have the children draw the fruits and vegetables before you start the game. You can use any bag you have to represent the grocery bag.



1. Split group into 2 teams. Place a container of different fruits and vegetables about 20 feet from the starting line for each team.
2. Each team should form a line behind the starting line. When the relay begins, the first player on each team should run directly ahead to their team's box and pick a fruit or vegetable. After doing 10 jumping jacks, the player should run back to the starting line and place their fruit or vegetable in the grocery bag. The game continues until all of one team's players have taken their turn. This team is the winner.