



## Germ Tag

Germ Tag is a variation of tag to help children learn about how easily germs are spread. Play in a safe outdoor area. Start the game with one person as the germ. When the game begins, the germ will chase the other

players and try to tag them. If a player gets tagged, they become a germ as well and can now tag the other players. The game ends once all players have become germs. Explain to children that as germs are spread from one person to another, they can continue to spread very quickly and get many people sick.