Cinna-Yummy Rice Cereal

Makes 2 servings Serving Size: 1/2 cup

Ingredients

- 1 cup cooked long grain white or brown rice
- 2/3 cup skim milk
- 1 tablespoon brown sugar
- 1/4 teaspoon ground cinnamon
- 1/4 cup fresh blueberries, raspberries, or strawberries

Directions

- 1. Combine rice, milk, brown sugar, and cinnamon in small saucepan.
- Place saucepan over medium heat and cook until thick and creamy, about 10 minutes.
- 3. Spoon rice cereal into small bowl; cool at least 3 minutes.
- 4. Top with fresh berries.

