

Rainbow Kabobs

Ingredients *(Choose one item from each color category)*

RED

- 1 red bell pepper, sliced
- 1 pint of strawberries, sliced

ORANGE

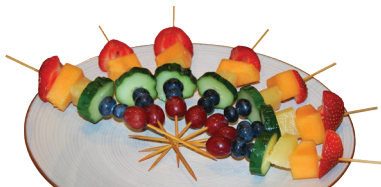
- 1 orange, sectioned
- 1 cantaloupe, cut into squares

YELLOW

- 1 can pineapple chunks
- 1 banana, sliced

Directions

1. Wash all of the ingredients. Then, peel ingredients if necessary.
2. Prepare the various ingredients listed for your kabob.
3. To make a kabob, slide the fruit or vegetable onto a coffee stirrer or skewer.
4. Make kabobs until you run out of fruits and vegetables.



GREEN

- 1 kiwi, sliced
- 1 cucumber, sliced

BLUE

- 1 pint of blueberries

PURPLE

- 1 plum, sliced
- 1 pint of blackberries