

Broccoli Salad

Makes 8 Servings • Serving Size: 1/2 cup

Ingredients

- 1 bunch of broccoli or 1/2 bunch broccoli and 1/2 head of cauliflower, washed and cut into pieces
- 2 pieces of bacon, cooked crisp and crumbled
- 1/4 cup onion, chopped
- 1/2 cup raisins
- 1/2 cup low-fat mayonnaise or plain non-fat yogurt
- 2 tablespoons apple cider vinegar
- 2 tablespoons sugar



Directions

1. Make dressing of mayonnaise, vinegar, and sugar.
2. Combine broccoli, bacon, onion, and raisins.
3. Stir in dressing.
4. Cover and refrigerate for at least 1–2 hours before serving to allow flavors to blend.