

Tooty-Fruity Pudding Cup

Makes 8 servings

Serving Size: 1 cup

Ingredients

- 1 (3.4-ounce) box instant vanilla pudding
- 2 cups skim milk
- 2 cups fresh or canned fruit of your choice, sliced
- 1½ cups crunchy granola cereal



Directions

1. Mix pudding according to package instructions, using the 2 cups of milk. Cover with plastic wrap and chill until set.
2. Into 8 individual small paper cups, layer the following ingredients:
 - a. Fruit
 - b. Pudding
 - c. Cereal
3. Repeat the layers for each cup.