

Fruity Fizz

Makes 1 serving

Serving Size: 1 cup

Ingredients

- Choose 1/2 cup of fizz: seltzer water or diet ginger ale
- Choose 1/2 cup of 100% fruit juice: grape, apple, orange, or lemon juice
- Choose 1/2 cup of a fruit: strawberries, grapes, blueberries, oranges, raspberries, or peaches

Directions

Pour fizz and juice over ice. Add in fruit and stir.

Examples

- 1/2 cup seltzer water + 1/2 cup apple juice + 1/2 cup strawberries
- 1/2 cup diet ginger ale + 1/2 cup lemon juice + 1/2 cup oranges
- 1/2 cup seltzer water + 1/2 cup cranberry juice + 1/2 cup grapes

